

# Sources of Help

## For Older People in New York City

APRIL 1972



INFORMATION BUREAU

COMMUNITY COUNCIL OF GREATER NEW YORK

225 Park Avenue South • New York, N.Y. 10003

777-5000

# A Guide to Services for Older People

*Prepared by the Information Bureau  
Community Council of Greater New York*

There are many agencies in New York City equipped to help older people. Not every service is available to meet every need, but alternate or interim services can often be obtained. If you need information or guidance you should call or write to one of the organizations listed here. You will be helped to get to the agency best equipped to assist you with your particular problem.

If in doubt about which service to use in your area, or an area outside New York City, call the Information Bureau of the Community Council of Greater New York, 777-5000.

## GENERAL INFORMATION AND REFERRAL SERVICES

The information and referral services listed on the following pages can help you get to a variety of services. One telephone call will usually put you on the right track. Call one of them if there is something you want to talk over or need help with such as family problems, home care services, medical care, convalescent care, rehabilitation services, boarding home care, or a home for the aged.

**Catholic Charities of the Archdiocese  
of New York**

122 East 22nd Street, N.Y. 10010  
OR 7-5000

**Catholic Charities, Diocese of Brooklyn**

191 Joralemon St., Brooklyn, N.Y. 11201  
596-8466

**Community Council of Greater New York  
Information Bureau**

225 Park Avenue South, N.Y. 10003  
777-5000

**Community Service Society of New York**

105 East 22nd Street, N.Y. 10010  
(Bronx, Manhattan, Queens)  
AL 4-8900

**Federation of Protestant Welfare  
Agencies, Inc.**

281 Park Avenue South, N.Y. 10010  
777-4800

**Jewish Association for Services  
for the Aged (JASA)**

Central Administrative Office  
222 Park Avenue South, N.Y. 10003  
677-2530

**New York City Office for the Aging**

250 Broadway, N.Y. 10007  
566-0154

**Selfhelp Community Services, Inc.  
Information Service for the Aging**

45-25 Kissena Blvd., Flushing, N.Y. 11355  
886-0061

## **EMERGENCY SERVICES**

### **AMBULANCE**

Dial the police emergency number 911

### **FIRE**

Dial "O" for Operator

### **POLICE**

In an emergency dial 911

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## **ADULT EDUCATION**

Many colleges and universities in addition to the two listings below have adult education programs.

**Board of Education, City of New York  
Office of Continuing Education**

110 Livingston St., Brooklyn, N.Y. 11201  
596-3907, 3903

**New School for Social Research**

66 West 12th Street, N.Y. 10011  
OR 5-2700

## **DISCRIMINATION**

**New York City Commission on Human  
Rights**

80 Lafayette Street, N.Y. 10013  
566-5587

An individual discriminated against because of race, creed, color, national origin, or physical handicap, in housing, public accommodations, education, resorts or amusements, commercial space or City agencies, may file a complaint. Those individuals discriminated against because of sex or age (persons between 40 and 65) in employment may also file such a complaint.

**New York State Division of Human Rights**

270 Broadway, N.Y. 10007  
488-7610

Any person who believes he has been dis-

criminated against in employment, housing or public accommodations because of race, creed, color, national origin or sex may file a complaint. The law prohibits age discrimination in employment against those between 40 and 65.

## **EMPLOYMENT AND VOCATIONAL COUNSELING**

### **Information Bureau**

#### **Community Council of Greater New York**

225 Park Avenue South, N.Y. 10003  
777-5000

Information about non-profit resources for employment and vocational counseling.

## **FINANCIAL ASSISTANCE**

### **Department of Social Services, City of New York, Information and Adjustment Service**

241 Church Street, N.Y. 10013  
553-5997

Information concerning public assistance in New York City.

## **FOOD STAMPS**

### **Department of Social Services, City of New York, Food Stamp Division**

200 Church Street, N.Y. 10013

For information about the Food Stamp program telephone 490-3900 for Manhattan and Bronx; 834-1835 for Brooklyn, Queens and Staten Island.

## **HOME CARE SERVICES**

### **Information Bureau**

#### **Community Council of Greater New York**

225 Park Avenue South, N.Y. 10003  
777-5000

Information and consultation about and referral to home care services including houseworker, housekeeper, homemaker, home health aide, medical and nursing care, attendant, telephone reassurance and other services.

## **HOUSING**

### **Department of Rent and Housing Maintenance, City of New York**

#### **Central Complaints Bureau**

215 West 125th Street, N.Y. 10027  
960-4800

Complaints of housing violations, all boroughs, may be reported to  
960-4800.

#### **Principal Rent Control Office**

110 Church Street, N.Y. 10007  
566-5054

Passes upon landlords' applications for rent increases and eviction certificates; tenants' complaints about violations of the rent and eviction regulations; tenants' applications for decreases in rents based on diminution of services. Telephone for referral to local office.

Accepts applications for rent increase exemptions for senior citizens reaching age 62 on or before December 31, 1971, who were living in a rent-controlled apartment on June 26, 1970, have income of no more than \$4500 per year and are paying one-third or more of their income for rent, and would otherwise be subject to an increase under the City's Maximum Base Rent Plan.

Current legislation continues this program only through June 30, 1972.

### **New York City Housing Authority Applications Office**

5 Park Place, N.Y. 10007

General public, call ----- 233-8878

Social and health  
agencies, call ----- 433-5143

Office is open to the public for personal inquiries regarding public housing; pro-

vides application forms for housing and information about applications; evaluates emergency housing situations and makes appropriate disposition.

#### **Conciliation and Appeals Board**

666 Fifth Ave., N.Y. 10020  
265-5105

Adjudicates disputes arising under the 1969 Rent Stabilization Law.

#### **Rent Stabilization Association of New York City**

477 Madison Ave., N.Y. 10022  
421-5613

Information to tenants in rent-stabilized apartments about leases or in answer to complaints.

### **LEGAL SERVICES**

#### **Community Action for Legal Services, Inc. (CALS)**

335 Broadway, 5th Fl., N.Y. 10013  
966-6600

Free legal services program funded by the Office of Economic Opportunity.

#### **Legal Aid Society**

11 Park Place, N.Y. 10007  
BA 7-2755

Legal service and advice for people without means to employ private counsel. Personal interview required. Telephone consultation for social workers only. Consult main office for referrals to various branches.

### **MEDICAID**

Medicaid is a program of Medical Assistance. Persons under 21 or over 65 living in New York City, who ordinarily have enough income to maintain themselves may be eligible to register and receive help under this program. Persons between 21

and 65 who are physically handicapped may apply under disability. Information and applications may be obtained by telephone, writing or calling in person at the following offices:

#### **MANHATTAN**

##### **Department of Social Services, City of New York**

**Bureau of Community Medical Services**  
330 West 34th St., N.Y. 10001  
594-3050

**Hamilton Medicaid Center**  
520 West 135th Street, N.Y. 10031

**East End Medicaid Center**  
312 East 94th Street, N.Y. 10028

**Waverly Medicaid Center**  
8 West 14th Street, N.Y. 10011

#### **BRONX**

**Melrose Medicaid Center**  
248 East 161 St., Bronx, N.Y. 10451

**Boulevard Medicaid Center**  
1716 Southern Blvd., Bronx, N.Y. 10460

**Tremont Medicaid Center**  
1900 Monterey Ave., Bronx, N.Y. 10457

#### **BROOKLYN**

**Jay Street Medicaid Center**  
330 Jay St., Brooklyn, N.Y. 11201

**Bushwick Medicaid Center**  
737 Flushing Ave., Brooklyn, N.Y. 11206

#### **QUEENS**

**Jamaica Medicaid Center**  
161-02 Jamaica Ave., Jamaica, N.Y. 11418

**Far Rockaway Neighborhood Center**  
206 Beach 74th St., Far Rockaway, N.Y. 11692

#### **RICHMOND**

**Social Services Center**  
95 Central Ave., St. George, S.I. 10301



## **MEDICARE**

### **United States Department of Health, Education, and Welfare Social Security Administration**

Telephone the Social Security office nearest you on all questions about Medicare. You may save yourself a trip. Numbers are listed in the telephone book under "Social Security & Medicare".

## **NURSING HOMES**

### **Information Bureau Community Council of Greater New York 225 Park Avenue South, N.Y. 10003 777-5000**

Information and consultation about and referral to nursing homes.

## **RECREATION**

### **Information Bureau Community Council of Greater New York 225 Park Avenue South, N.Y. 10003 777-5000**

Information about recreation facilities for older people.

### **Department of Social Services, City of New York Division of Senior Centers 109 East 16th Street, N.Y. 10003 460-8389**

### **New York Association of Senior Centers, Inc. 225 Park Avenue South, N.Y. 10003 777-5000, ext. 855**

## **REDUCED FARE**

### **New York City Office for the Aging Reduced Fare Program 305 Broadway, N.Y. 10007 566-0580**

Residents of New York City, 65 and over and not working full time can ride on New York City-owned buses and subways at half-fare during special hours. They must first register for a reduced fare card. Telephone 566-0580 for locations at which to apply for new or lost reduced fare cards.

## **REDUCED REAL ESTATE TAX**

### **Real Property Assessment Department 946 Municipal Building, N. Y. 10007**

If you are a New York City home owner who is 65 years of age or over with a limited or fixed income, you may be eligible for partial exemption from real estate taxes. For information about eligibility call the Real Property Assessment Department in your borough:

Manhattan	566-3400
Bronx	294-0800
Brooklyn	643-5957, 5958
Queens	BO 8-5000
Richmond	390-5292, 5293

## **RENT CONTROL**

(See HOUSING)

## **RENT INCREASE EXEMPTIONS FOR SENIOR CITIZENS**

(See HOUSING)

## **SOCIAL SECURITY**

### **United States Department of Health, Education, and Welfare Social Security Administration**

Telephone the Social Security office nearest you on all questions about Social Security. You may save yourself a trip. Numbers are listed in the telephone book under "Social Security & Medicare".

## **TRANSPORTATION**

### **New York City Office for the Aging Reduced Fare Program**

305 Broadway, N.Y. 10007  
566-0580

Residents of New York City, 65 and over and not working full time can ride on New York City-owned buses and subways at half-fare during special hours. They must first register for a reduced fare card. Telephone 566-0580 for locations at which to apply for new or lost reduced fare cards.

## **VACATION SERVICES**

### **Vacations for the Aging**

225 Park Avenue South, N. Y. 10003  
777-5000, ext. 855

Information on non-profit, social agency vacation facilities for older persons.

*Issued as a public service by*

Greater New York's



# **BLUE SHIELD**

United Medical Service, Inc.

Two Park Avenue • New York, N.Y. 10016